



2011 COLORADO SKIING NOTES

QUICKLY

The 58th **NCAA Ski Championships** are set for March 9-12 in Stowe, Vt., site of the national meets five previous times; it's the 11th time the state of Vermont is serving as host (last in 2005, also at Stowe) ... The University of Vermont is the official host ... *Ski Racing Magazine's* rankings (*as of March 1*): 1. Vermont; 2. **Colorado**; 3. Utah; 4. New Mexico; 5. Dartmouth ... The Buffs have won **17 national championships** in skiing: 11 men's (1959-60-72-73-74-75-76-77-78-79-82), five combined (1991-95-98-99-2006) and one women's (1982, AIAW) ... The skiers are gunning for **CU's seventh** national championship since 2000, as CU has three in men's cross country team (2002, 2004, 2006) and two in women's cross country (2000, 2004) to go with the 2006 ski crown ... Colorado has finished second to Denver the last three years: in Bozeman (2008), DU overtook the Buffs on the final day to snatch away the win; CU was short a skier the last day so it was not unexpected. In 2009 (Bethel/Rumford, Maine), CU used a dominant final day in the freestyle races to jump from fifth to runner-up. Last year in Steamboat Springs, DU led from start-to-finish, as the Buffs were in sixth after day one, 96 points back, eventually closing to with 71.5 in working into second ... CU has finished in the top three in 33 of its last 34 ski meets, with the school-record 31 straight, snapped when the short-handed Buffs finished fourth in New Mexico ... Of CU's 17 ski titles, 10 have been won in the west ... Montana State will host the **2012 NCAA Championships** next March 7-10 in Bozeman, with Middlebury winning the bid to host back east in 2013 (March 6-9).

A CLOSER LOOK AT THE NCAA'S

Denver comes in as the three-time defending champion, but go figure: the Pioneers have not won a regular season meet in three years. This winter, Colorado (4) and New Mexico (1) claimed the five western meets (and 14 of the last 15; Alaska has the other); CU won the regional for a second consecutive year. Vermont won five of the six meets in the East, including the regional, snapping a 12-meet run by Dartmouth. In 2006, CU became the first school to win the NCAA title without a full 12-skier team, participating minus one men's alpine skier, and in 2008, Denver won the title being down a women's Nordic skier. Last year at Steamboat, Denver had two top five finishes in both the men's and women's giant slalom, jumping out to a 43-point lead over Utah; after the first Nordic races (classical), the Pioneers worked to a 79-point advantage, with CU zooming from sixth into second. The slalom, run at night, on day three proved to be the make-or-break, with DU more or less holding on though its lead shrunk to 54.5 points over New Mexico with host CU in third. No school was able to dominate the Nordic freestyle races and Denver was able to cruise to a 71.5-point win over the Buffs. With Denver leading from wire-to-wire in winning the 2010 crown, that marked the first time it had been done since the Pioneers did the same in 2002; the leader at the midway point has won four straight and eight of 10. Schools leading after three days (six events) have won 14 of the last 16 times, including a run of 13 straight years where that school emerged the victor (1995-2007). Western schools have posted at least three of the top four finishes every year since 1993, capturing all four spots in 2002, 2004, 2009 and 2010; prior to the west pulling this off in '02, the last time one region claimed a one-through-four sweep was 1966 (west). The west also had five of the top six in 2002 and 2009 (and nearly again in 2010), and four of the top five numerous times; the last time the east placed two in the top four was in 1992, when UVM won and Dartmouth claimed fourth. Dartmouth is the last team from the east to win (the '07 title in its home state of New Hampshire); the last eastern school to claim the crown in the west was Vermont, winning at Jackson Hole (Wyo.) in 1989.

TRADITIONAL FAVORITES

Vermont (20 titles or seconds), Colorado (19; 14 wins and five seconds) and Utah (19) have dominated college skiing over the past 39 seasons (dating back to 1972). Only four other schools, three-time defending champion Denver (seven wins, three seconds), Wyoming (one win and four seconds), New Mexico (one crown and two runner-ups) and Dartmouth (two titles) and have been able to crack the top two in this span. Since 1990, Denver has won seven titles, Colorado five, Utah four and Vermont three; the only three other schools that have won a title since the sport went coed (in 1983) are Wyoming (1985), New Mexico (2004) and Dartmouth (2007). Middlebury (1980, women) is the last school to win other than the aforementioned seven. Dartmouth snapped a 12-year reign by western schools with its win in 2007, but the west still has 15 of the last 16 titles and 23 of 28 dating back to 1983.

PARTICIPANTS

A total of 21 schools will be participating in Vermont (*—qualified full 12-skier roster): Alaska-Anchorage, Alaska-Fairbanks, Bates, Colby, ***Colorado**, *Dartmouth, *Denver, Gustavus Adolphus, Harvard, Maine-Presque Isle, Michigan Tech, Middlebury, Montana State, New Hampshire, *New Mexico, Northern Michigan, St. Lawrence, *Utah, *Vermont, Williams and Wisconsin-Green Bay. Six qualified the NCAA maximum of 12: CU, Dartmouth, Denver, New Mexico, Utah and Vermont; Alaska-Anchorage qualified 11, New Hampshire 10, Montana State 9, Middlebury 8 and Bates, Northern Michigan and Williams 6. The most schools that ever competed in the NCAA's were 24 in 2007, with 23 doing so in 1996, 2002 and 2004.

SCORING FORMAT

There's little to be said for tradition when it comes to scoring an NCAA ski meet, but at least the committee went over a decade before tinkering with it again in 2009. For the third straight year, the scoring base will be 50 points (up from 39 which had been the norm from 1997-2008), one that is weighted toward the top eight finishers; points are awarded on a 50-47-44-41-39-37-35-33-31-30-29-28-27-26-25-24-23-22-21-20-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 basis for 39 finishing positions.

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THE SCHEDULE

(ALL TIMES MOUNTAIN)

The **freestyle** cross country races will open the NCAA Championships on Wednesday, March 9, with the men's 10-kilometer race at 8 a.m. MST, with the women's 5km set for 10 a.m. The **giant slalom** take center stage on Thursday, March 10, with the women's first run at 6:30 a.m. MST, with the second run to follow at 8:45; the men's first run is set for 11 a.m., followed by its second run at 1:15 p.m. On Friday, March 11, the **classical** cross country races are on top, with the women's 15-kilometer up first at 7:30 a.m., with the men's 20km to follow at 9:30 a.m. The **slalom** races will finish off the NCAA meet on Saturday, March 12: the men's first run is at 7 a.m., followed by the women's first run at 8:15; second runs follow at 10:15 (men) and 11:30 (women). Flower ceremonies follow each event, and the awards presentation is set for 2:00 p.m. on Saturday. *(All times listed are mountain.)*

ALL-ACADEMIC TEAM

Colorado placed 11 team members on the NCAA Skiing All-Academic Team (its version of Academic All-America), as the qualifications included owning a 3.50 or better grade point average and participation in the NCAA regionals (unless injured). **Ashley Babcock, Kirsten Cooper, Eric Davis, Eliska Hajkova, Katie Hartman, Andreas Haug, Andreas Hoye, Spencer Lacy, Ian Mallams, Carolina Nordh** and **Katie Stege** all made the prestigious team; Nordh and Stege have made the squad three times, with Davis and Mallams doing so twice. Babcock, Cooper and Haug all posted perfect 4.0 grade point averages in the fall 2010 semester. As for their majors, none of the 11 can set it on cruise control: four are in various business sequences, two in integrative physiology, two in environmental studies, and one each in architecture, civil engineering and psychology.

RESULTS ANALYSIS

CU skiers won a couple of more races this winter than last (nine of 43, as compared to seven of 45 a year ago), but were still have won 80 races (out of 260) over the last six seasons, the best in the west in that time frame. When including the NCAA's, the 2006 and 2008 teams have set the single season school mark with 21 wins since the sport went coed in 1983. CU had 20 skiers reach podiums in 1998, 19 in 1991, 17 in 2007, 16 in 2009 and 15 in 1999.

The Buffaloes also had 13 runner-up finishes (same as last year), or 22 first- or second-place efforts to date in 2011. Colorado had led the west for four straight seasons in wins, but New Mexico ran away with that nugget with 18 in 2010 and Utah skiers have raced to the top of the podium 19 times so far this winter; the Buffs were second with nine and DU third with eight. Colorado was second to Utah in top five finishes with 60 (Utah had 62), but the Buffaloes won the top 10 battle with 106 finishes (313 total the last three seasons, leading up to three consecutive runner-up finishes in the NCAA's). The Buffs also had six skiers finish in 11th and another six in 12th, right on the fringe of cracking the top 10.

Both the Alpine and Nordic teams won as an overall unit three times, with each discipline winning at least once: the women's Nordic team won three meets, the men's Nordic and women's Alpine team twice, and the men's Alpine team once; the women's cross country team never finished below second, and the men's alpiners finished second three times in addition to its win in the Denver meet. Both overall units won the same meet twice, both in Utah, claiming the Utes home meet and then the RMISA Championships/NCAA West Regional. CU was the overall champion in Nordic and men's Nordic, as well as in the overall point standings for the men.

Overall, CU won four meets and finished fourth once, and if you include the regional, led the RMISA for the fifth straight year in season points with 4,310½ (just 30 less than in 2010; Utah won the point battle by 65 over CU if you don't count the regional). The Nordic teams scored at least 411 in all five meets, and overall accounted for 2,286 of those, the exact same number as in 2010 (53 percent). This was the second year that the west utilized the 50-point scoring base that the east has used for some time and that the NCAA Championships adopted in 2009. The Buffs topped the 900 mark twice and has scored 800-plus in nine of 10 meets since the format change, best in the west. UNM set records at its own meet in 2010 for the most points (961) and the largest margin of victory (160 points, as CU was second with 801), neither of which was broached in 2011.

A breakdown of the CU top finishes in 2011:

Wins (9): Eliska Hajkova 2, Vegard Kjoelhamar 2, Erika Ghent 1, Andreas Haug 1, Reid Pletcher 1, Joanne Reid 1, Gabriel Rivas 1.

Runner-Up Finishes (13): Eliska Hajkova 5, Sara Hjertman 2, Vegard Kjoelhamar 2, Jesper Ostensen 1, Joanne Reid 1, Gabriel Rivas 1, Alexa Turzian 1.

Top 5 Finishes (60): Eliska Hajkova 10, Gabriel Rivas 7, Alexa Turzian 6, Andreas Haug 5, Sara Hjertman 5, Joanne Reid 5, Vegard Kjoelhamar 4, Jesper Ostensen 4, Erika Ghent 3, Reid Pletcher 3, Max Lamb 2, Carolina Nordh 2, Kirsten Cooper 1, Katie Hartman 1, Ian Mallams 1, Fletcher McDonald 1.

Top 10 Finishes (106): Eliska Hajkova 10, Andreas Haug 10, Gabriel Rivas 9, Erika Ghent 7, Jesper Ostensen 7, Reid Pletcher 7, Joanne Reid 7, Eric Davis 6, Sara Hjertman 6, Vegard Kjoelhamar 6, Alexa Turzian 6, Carolina Nordh 5, Max Lamb 4, Ian Mallams 3, Fletcher McDonald 3, Kirsten Cooper 2, Katie Hartman 2, Patrick Neel 2, Taggart Spenst 2, Jennifer Allen 1, Andreas Hoye 1.

Alpine (27 top 5, 57 top 10): men 15/34, women 12/23. **Nordic (33 top 5, 49 top 10):** men 12/26, women 21/23.

Team (60 top 5, 106 top 10): men 27/60, women 33/46.

Individual Wins (43): Utah 19, **Colorado 9**, Denver 8, New Mexico 6, Alaska-Anchorage 1.

Top 5 Finishes (216, includes one tie at fifth): Utah 62, **Colorado 60**, New Mexico 41, Denver 28, Alaska Anchorage 15, Montana State 7, Westminster 3

BUFFALO CHIP: The first night races in NCAA history (slalom) took place at the 2006 NCAA Championships that CU hosted in Steamboat Springs.

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ROCKY MOUNTAIN INTERCOLLEGIATE SKI ASSOCIATION (RMISA) / COLORADO'S WINTER-IN-REVIEW

Colorado had 11 overall All-RMISA team members (six first-team, five second-team), with Andreas Haug named the conference's male MVP alpine skier. Utah won the regular season point title, though when including the regional, the Buffs zoomed into first. CU and Utah had the most all-conference performers overall with 11, though Utah had the most first-team honorees with eight; UNM (8, three first), Denver (6, three of each) and UAA (5, all second) rounded out the list. CU won the first two meets of the winter, extending its streak to finishing in the top three for 31 consecutive meets (a school record), before a fourth place finish at UNM with most of the top alpine performers at the World University Games a contributing factor. Once again, there were also two separate RMISA Alpine Qualifiers that were not scored as team events. A meet-by-meet review from the CU angle in the west:

MONTANA STATE INVITATIONAL (Bozeman, Mont.; January 15-16)

1. Colorado 921; 2. Utah 912; 3. New Mexico 786; 4. Denver 764; 5. Alaska-Anchorage 658; 6. Montana State 603; 7. Westminster 324

Colorado won the first complete meet with 903 points (it once again started after but finished before Utah), building up a 37 point lead at the midway point thanks to 11 top six finishes in the first four events. But Utah closed quickly, pulling to within 13 points after the classical races, but basically a wash in the slalom had CU winning by nine points, the closest meet under the current scoring format that was adopted in 2010. **Vegard Kjoelhamar** was CU's only individual champ (freestyle).

UTAH INVITATIONAL (Park City, Utah; January 10-11/Soldier Hollow, Utah; January 21-22)

1. Colorado 923; 2. Utah 898; 3. New Mexico 824.5; 4. Denver 710; 5. Alaska-Anchorage 658.5; 6. Montana State 640; 7. Westminster 254

The Utah meet was again split over a period of time, and after the alpine races, the Buffs held a 9-point lead going into the Nordic events. The Buffs added a point to that lead after the classical races, and then pulled away in the freestyle events for a 25-point win. Eight top four finishes in Nordic action after five in similar fashion in the alpine events, including a win by **Gabriel Rivas** in the slalom, paved the way for just CU's second win in the Utah meet since 1997 (the other was in 2007).

NEW MEXICO INVITATIONAL (Red River, N.M.; February 4-5)

1. New Mexico 881; 2. Utah 831; 3. Alaska-Anchorage 735; 4. Colorado 722; 5. Montana State 707; 6. Denver 673; 7. Westminster 196

CU's record run of 31 consecutive meets finishing in the top three came to an end with a fourth place finish here, but the occurrence definitely deserves an asterisk, as seven Buffaloes were out of the country with head coach Richard Rokos participating in the Turkey in the 2011 World University Games (five for the U.S. team). The Buffs were in sixth after the first four events, but a 2-3-4 finish in the women's freestyle and a win by Andreas Haug in the men's slalom rallied CU into fourth, and prevented just the second finish outside of the top five by a Rokos-coached CU team.

DENVER INVITATIONAL (Winter Park & Aspen, Colo.; February 11-13)

1. Colorado 879; 2. Utah 869; 3. Denver 808; 4. New Mexico 806; 5. Montana State 660; 6. Alaska 652; 7. Westminster 253; 8. Wyoming 243

CU was in fourth after the GS, moved into second after the slalom and classical races, and then vaulted into first after a stellar performance in the Nordic freestyle, which was run in conjunction with the Owl Creek Chase, a 21-kilometer race from Snowmass Village to Aspen. In that race, the Buffs placed six in the top nine, including a 2-3-4 placing on the women's side for the second meet in a row. **Reid Pletcher** and **Joanne Reid** won their respective classical races, the first wins of their careers. The alpine skiers were basically whipped after arriving back from the WU Games in Turkey, and were without its top Nordic male, **Vegard Kjoelhamar**, due to illness.

RMISA CHAMPIONSHIPS (Park City & Soldier Hollow, Utah February 25-26)

1. Colorado 865.5; 2. Utah 790; 3. New Mexico 777.5; 4. Denver 749; 5. Alaska 747; 6. Montana State 615; 7. Westminster 383

Utah held a slim 2.5-point lead at the midway point in its bid to wrestle the No. 2 ranking away from CU, but the Buffs had a strong final day and would cruise to a 75.5-point win over the Utes. Weather was an issue, as the women's giant slalom had to be cancelled due to poor visibility and too much snowfall. **Eliska Hajkova** keyed the victory by sweeping the Nordic races, and CU received 10 top five efforts in the seven races to buoy its victory. It was CU's 23rd overall RMISA Championship, the 11th under Coach Richard Rokos, and prevented Utah from its first since 2003. It was the second largest margin of victory by a CU team in the regional (138 in 2010).

RMISA SEASON SUMMARY

MEET SUMMARY	Winner	Points	Margin	Alpine Skiers of the Week	Nordic Skiers of the Week
Montana State Invitational	Colorado	921	+ 9	Seppi Stiegler, Denver Kate Williams, New Mexico	Miles Havlick, Utah Maria Graefnings, Utah
Utah Invitational	Colorado	923	+ 25	Petter Brenna, New Mexico Sara Hjertman, Colorado	Vegard Kjoelhamar, Colorado Eliska Hajkova, Colorado
New Mexico Invitational	New Mexico	881	+ 50	Juko-Pekka Penttinen, New Mexico Anne Brusletto, New Mexico	Martin Kaas, New Mexico Kate Dolan, Denver
Denver Invitational	Colorado	879	+ 10	Andreas Haug, Colorado Eva Huckova, Utah	Reid Pletcher, Colorado Joanne Reid, Colorado
RMISA Alpine Qualifiers No. 1 & 2	(no team scoring)			Gabriel Rivas, Colorado	Erika Ghent, Colorado
RMISA Championships (NCAA West Regional)	Colorado	865 ½	+ 75½	Armin Triendl, New Mexico Sterling Grant, Denver	Tor-Hakon Hellebostad, New Mexico Zoe Roy, Utah

ROCKY MOUNTAIN INTERCOLLEGIATE SKIING ASSOCIATION (RMISA) SEASON POINT STANDINGS (5 meets): Colorado 4,310.5; Utah 4,300; New Mexico 4,075;

Denver 3,704; Alaska 3,450½; Montana State 3,225; Westminster 1,410, Wyoming 243. **Regular Season Point Champion:** Utah (3,510 in four meets)

DISCIPLINE CHAMPIONS—Alpine: New Mexico (Overall, Men's), Utah (Women's). **Nordic:** Colorado (Overall, Men's), Women's (Utah). **Men:** Colorado. **Women:** Utah.

RMISA INDIVIDUAL WINNERS BY SCHOOL (43; includes qualifiers & championships): Utah 19, Colorado 9, Denver 8, New Mexico 6, Alaska-Anchorage 1.

ALL-RMISA TEAMS

ALPINE

1st-Team Men	2nd-Team Men	1st-Team Women	2nd-Team Women	NORDIC	1st-Team Men	2nd-Team Men	1st-Team Women	2nd-Team Women
Petter Brenna, UNM	Andreas Adde, UAA	*Anne Brusletto, UNM	Kayla Fry, UAA	Miles Havlick, UU	Andrew Dougherty, DU	Lukas Ebner, UAA	Katie Dolan, DU	Christina Hellberg, UNM
Torjus Krogdahl, UU	Jeremy Elliot, UU	Erika Ghent, CU	Sara Hjertman, CU	*Martin Kaas, UNM	Tor-Hakpn Hellebostad, UNM	*Maria Graefnings, UU	Steffi Hiemer, UAA	
Gabriel Rivas, CU	*Andreas Haug, CU	Sterling Grant, DU	Carolina Nordh, CU	Vegard Kjoelhamar, CU	Jesper Ostensen, CU	Eliska Hajkova, CU	Marta Larsen, UU	
Seppi Stiegler, DU	Juko Penttinen, UNM	Eva Huckova, UU	Alexandra Parker, UAA	Reid Pletcher, CU	Kristian Soerlund, DU	Joanne Reid, CU	Sarah MacCarthy, UU	
Ryan Wilson, UU	Armin Triendl, UNM	Tii-Maria Romar, UU	Jennie VanWagner, DU	Didrik Smith, UU	Zoe Roy, UU	Alexa Turzian, CU	Alexa Turzian, CU	
(*—skiers of the year/number one seeds for respective disciplines)							Martine Weng, UNM	

BUFFALO CHIP: CU won the 2006 NCAA Championship after finishing sixth in 2005, the largest jump from a previous season result to the title in NCAA skiing history.

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NCAA ROSTER

Listed below are the skiers that head coach **Richard Rokos** and Nordic coach **Bruce Cranmer** will have in Stowe to participate in the 2011 NCAA Championships. The full complement of skiers allowed by the NCAA is 12, three for each squad; CU qualified a full team for the second straight season but just the third time since 2003 (also doing so in 2007 and '10). It is the 22nd time in 29 seasons since the men's and women's programs merged in 1983 that CU will ski with a full squad (CU had 11 in 2001, 2004, 2006, 2008 and 2009, along with 10 in 2005).

The roster breaks down by eligibility into five seniors, two juniors, four sophomores and one freshman. Five are Americans and nine of the 12 skiers have skied previously at nationals, led by senior **Jesper Ostensen**, who will be skiing in their fourth NCAA Championships, with senior Alexa Turzian competing in her fourth NCAA Championships but just third with the Buffaloes. Seniors Vegard Kjoelhamar, Carolina Nordh and Gabriel Rivas are all competing for the third time in their career.

While no Buffaloes earned No. 1 seeds out of the west, two did snare No. 2 spots: Kjoelhamar (men's Nordic) and **Eliska Hajkova** (women's Nordic). As for the team as a whole, six skiers earned top 5 seeds and 11 of 12 earned top 10 seeds. Here are the 12 who will ski in Stowe (NC—denotes times appearing in the NCAA Championships including 2011; #L—denotes number of letters earned including 2011):

Men's Alpine Head Coach/Alpine Coordinator: Richard Rokos; Assistant: Arman Serebrakian

Skier (West Seed; GS/SL)	NC	Ht.	Wt.	Class	Exp	Hometown (High School/Previous College or Club)
Haug, Andreas (7; 7/4)	1	6- 0	195	Fr.	1L	Blommenholm, Norway (Donski Gymnasium)
Lamb, Max (14; 10/11)	2*	6- 0	205	So.	1L	Crested Butte, Colo. (Crested Butte Academy/Utah)
Rivas, Gabriel (5; 4/3)	3	6- 0	159	Sr.	3L	St. Jean De Maurienne, France (Universite Savoie)

Women's Alpine

Skier (West Seed; GS/SL)	NC	Ht.	Wt.	Class	Exp	Hometown (High School/Previous College or Club)
Ghent, Erika (4; 2/12)	2	5- 5	140	So.	2L	Edwards, Colo. (Battle Mountain/Denver)
Hjertman, Sara (8; 5/6)	1	5-10	145	So.	2L	Sundsvall, Sweden (Racklofsha Gymnasium)
Nordh, Carolina (9; 14/7)	3	5- 8	155	Sr.	3L	Sundbyberg, Sweden (Stjerneskolan)

Men's Nordic Head Nordic Coach: Bruce Cranmer; Assistant: Jana Weinberger

Skier (West Seed; CL/FS)	NC	Ht.	Wt.	Class	Exp	Hometown (High School/Previous College or Club)
Kjoelhamar, Vegard (2; 2/2)	3	6- 3	180	Sr.	3L	Jar, Norway (Stabekk)
Ostensen, Jesper (7; 5/11)	4	6- 1	180	Sr.	4L	Hosle, Norway (Eikeli/Fossum IF)
Pletcher, Reid (5; 7/5)	1	5- 7	150	Jr.	3L	Sun Valley, Idaho (Wood River)

Women's Nordic

Skier (West Seed; CL/FS)	NC	Ht.	Wt.	Class	Exp	Hometown (High School/Previous College or Club)
Hajkova, Eliska (2; 2/2)	2	5- 5	130	Jr.	2L	Jablonec, Czech Republic (Gymnasium Vseobecne/Masaryko)
Reid, Joanne (3; 3/3)	2	5- 5	125	So.	2L	Palo Alto, Calif. (Henry M. Gunn/California)
Turzian, Alexa (6; 14/4)	4*	5- 3	115	Sr.	3L	Hailey, Idaho (The Community School/Middlebury)

*— **Lamb** (Utah) and **Turzian** (Middlebury) competed at the NCAA Championships their freshman season for their previous schools.

Colorado also has some other skiers in **ALTERNATE** positions should injury occur in training to force activation; the top alternates (Colorado already activated Max Lamb for the injured Eric Davis; #a—denotes injured and can't ski at NCAA's—Hartman has a torn ACL):

Skier (Discipline, Alternate Seed)	NC	Ht.	Wt.	Class	Exp	Hometown (High School/Previous College or Club)
Allen, Jenny (W/Alpine, A-6)	0	5- 7	140	Jr.	2L	Steamboat Springs, Colo. (Steamboat Springs)
Cooper, Kirsten (W/Alpine, A-2)	0	5- 6	150	Fr.	1L	Eagle, Colo. (Nebraska Independent Learning)
#Davis, Eric (M/Alpine, A-4)	0	6- 2	185	Jr.	3L	Dillon, Colo. (Utah Winter Sports School)
#Hartman, Katie (W/Alpine, A-4)	2	5- 8	135	Sr.	4L	Breckenridge, Colo. (Summit)
Mallams, Ian (M/Nordic, A-1)	0	6- 2	175	So.	2L	Whitefish, Mont. (Whitefish)
McDonald, Fletcher (M/Alpine, A-5)	0	6- 4	215	Fr.	1L	Copper Mountain, Colo. (Summit)
Neel, Patrick (M/Nordic, A-5)	0	5- 5	115	Sr.	3L	Breckenridge, Colo. (Summit/Western State)

BUFFALO CHIP: CU sophomore Nordic skier **Joanne Reid** comes from famous bloodlines: her mother is **Beth Heiden**, the 1979 world all-around speed skating champion, and her uncle is **Eric Heiden**, who won five gold medals in the 1980 Olympics at Lake Placid; he's the only athlete in Olympic speed skating to have won all five events in a single Olympics.

HEAD COACH RICHARD ROKOS

Richard Rokos and Colorado Skiing. In 20 seasons, the combination has been synonymous with success. When he was promoted to head coach on July 3, 1990, the process to return a program that was eight years removed from an NCAA title back to national prominence took its first step. Twenty seasons, five national team titles, 29 individual champions and 158 All-Americans later, it is a program that has turned steps into strides.

Rokos, 60, is the 11th and longest tenured head coach in CU ski history, has guided Colorado to five national championships, winning NCAA crowns in 1991, 1995, 1998, 1999 and 2006. In addition, his Buffaloes have won individual titles (29 total) in 12 different years. That first team title came in his first season as head coach, a unique accomplishment in any sport, and served as a bookend for the school as it came on the heels of CU's first in football.

Only eight coaches in CU history have coached their teams longer than Rokos has been at the reins of the ski team; all eight coached at least 22 seasons and Rokos is now the ninth to coach a team for two decades. With all of his teams qualifying for the NCAA Championships, his 20 trips to nationals are the second most by any coach in school history.

He has now coached the Buffs to 11 Rocky Mountain Intercollegiate Ski Association (RMISA) titles, two straight including 2011 and four of the last six, events that also serve as the NCAA West Regional, as well as seven runner-up finishes.

His skiers, alpine and Nordic, have posted 232 top 10 finishes at the NCAA Championships; that total includes 100 first team All-Americans, with 27 earning two-time single-year All-American mention, and 58 second-team All-Americans.

Under Rokos, the Buffaloes have won 50 of 123 meets they have skied in, including the five NCAA crowns and the 10 RMISA Championships/NCAA West Regionals (1991, 1993, 1994, 1995, 1998, 1999, 2002, 2006, 2008 and 2010). On 41 other occasions, CU has finished as the runner-up.

Though he has been notified on six different occasions that he was the selection for the RMISA coach of the year, including 2006, Rokos has declined the honor for personal reasons, mainly that he doesn't believe in the philosophy and that the student-athletes deserve the credit.

One of Rokos' greatest accomplishments since taking over the program has been turning what was once essentially an individual sport, pulling divergent skiers—men and women, Nordic and Alpine, into a team event at CU. Prior to his arrival, the two units rarely saw each other prior to the national championships, as they trained and raced separately. But it was his philosophy, to be an educator as well as a coach, to understand the physical and psychological significance of a student-athlete and to introduce harmony and mutual support that has made it a more unified program. Credit Rokos himself for the strong camaraderie because there is very little that he asks of his skiers that he doesn't do himself. That includes 6 a.m. ice hockey games, off-season dryland training, mountain bike rides from Boulder to Winter Park and back, hiking Pikes Peak, playing soccer and rollerblading through Boulder.



Rokos, who also coordinates all alpine aspects of the program, was already very familiar with the CU ski program upon his hiring, as he was promoted from alpine coordinator to the post. He served one season (1989-90) in that role under his predecessor as head coach, Tim LaVallee, and was the head coach of Colorado's Alpine "B" Team for the two years prior to joining the varsity staff (1987-89). With Rokos tutoring the alpine skiers, the 1990 team finished third in both the West Regional and the NCAA championships, with one individual national champion in the latter.

Rokos brought to CU a great amount of racing and coaching experience. He competed in his native home of Czechoslovakia and internationally for 19 years before beginning his coaching career with the Czechoslovakian Junior National Team in 1977. The year prior to joining the junior national team, Rokos graduated from the University of Masaryk with a masters' degree in physical education, his emphasis in his diploma work was the use of ski slopes with artificial surfaces for slalom and giant slalom practice. In 1969 he earned his bachelor's degree in mechanical engineering from the College of Machiner. He has additional course work in Prague (Level II International Coaching License), Colorado State (athletic training) and the University of Colorado (special education).

Leaving the Czech national team in 1980, Rokos went on to coach at several ski schools in Austria before finally coming to the United States to coach at the Grampian Mountain Ski School in Michigan the following year. He then spent four years (1984-87) working with the U.S. Pro Ski Tour before settling down in Boulder.

Rokos was the head alpine coach of the 2011 United States team that participated in the World University Games teams in Erzurum, Turkey. It was the seventh time he coached the team, having previously done so in 1995 (Jaca, Spain), 1997 (Mugu, Korea), 1999 (Zakopane, Poland), 2003 and 2007 (Tarvisio, Italy) and 2005 (Innsbruck, Austria). Combined, his athletes have brought home four gold medals, one by CU skier Katie Hartman in the Super-G in 2011, along with four silver and several bronze including one by a former Buffalo, Erika Hogan, in 2003. He was also the head coach of the entire U.S. Team in the 1997 event in Korea.

In 2006, he earned a Top of the Rocky Award as the region's top college coach as selected by the writers and critics of the *Rocky Mountain News*. The honor made mention of CU being the first-ever shorthanded team to win an NCAA title, recording the biggest second-day comeback in the meet, and Rokos specifically being mentioned by President George W. Bush when the Buffs were one of 12 teams invited to the White House. Rokos was saluted by the president, who called him a "proud American" in reference to his defecting to the States for freedom, which he also privately had mentioned upon meeting him, "There's nothing like freedom."

He was also selected as the 2006 Coach of the Year in the state of Colorado by the Sportswomen of Colorado Hall of Fame.

CONTINUED

BUFFALO CHIP: Colorado was the first school to win a NCAA Championship without fielding a full 12-skier roster. Not only did CU win the 2006 event at Steamboat Springs, its' 98-point margin of victory was the fourth-largest in history.

2011 COLORADO SKIING / MEDIA NOTES 6-6-6

Rokos was born May 25, 1950 in Brno, Czechoslovakia. He and his wife, the former Helena Konecny, and then-18-month-old daughter Linda, left a communist-bound native homeland in 1980 for Austria where they spent a year preparing their visas, and defected from Czechoslovakia to the United States (Detroit) a year later before calling Colorado their permanent home beginning in 1982. He and Helena are the parents of two grown children Linda, now an alpine instructor at Eldora and Thomas, and one grandchild, Stella (11), who is also an avid skier.

ROKOS YEAR-BY-YEAR AT COLORADO

Season	TEAM FINISHES-----					Region	NCAA	NCAA Champions	All-Americans-----				
	1st	2nd	3rd	4th	5th				Total	A	(B)	C	D
1991	6	1	-	-	-	1st	1st	2	14	9	(3)	5	2
1992	1	2	2	1	1	4th	5th	2	5	2	(2)	3	2
1993	4	1	-	1	-	1st	4th	2	10	5	(1)	5	-
1994	1	4	-	2	-	1st	4th	-	7	4		3	1
1995	6	-	-	-	-	1st	1st	2	12	4	(1)	8	5
1996	3	1	1	1	-	2nd	4th	-	8	4	(1)	4	1
1997	1	3	2	-	-	2nd	3rd	-	7	5	(2)	2	3
1998	3	3	-	-	-	2nd	1st	3	9	5	(2)	4	2
1999	4	1	-	1	-	1st	1st	3	9	7	(3)	2	3
2000	4	2	-	-	-	1st	2nd	3	9	6	(1)	3	4
2001	1	3	2	-	-	2nd	3rd	-	7	7	(1)	-	3
2002	1	3	1	1	-	1st	2nd	1	6	4		2	5
2003	1	2	1	2	-	2nd	3rd	-	6	2		4	1
2004	-	2	1	2	1	5th	4th	-	8	5	(2)	3	-
2005	-	2	2	1	-	3rd	6th	-	5	3	(1)	2	-
2006	4	2	-	-	-	1st	1st	4	8	7	(3)	1	4
2007	2	3	1	-	-	2nd	3rd	-	6	4	(1)	2	3
2008	2	2	2	-	-	1st	2nd	4	7	5	(2)	2	2
2009	3	2	1	-	-	2nd	2nd	2	7	5		2	3
2010	3	2	1	-	-	1st	2nd	1	8	7	(1)	1	3
2011	4	-	-	1	-	1st							
Totals	54	41	17	13	2	11 titles	5 titles	29	158	100	(27)	58	47

(KEY: A—first-team; (B)—two-time first-team; C—second-team; D—multiple second-team honors in addition to a first-team performance or another second-team finish.)

ROKOS ERA AT COLORADO (1991-2010)

NCAA CHAMPIONSHIPS: Denver 7, Colorado 5, Utah 4, Vermont 2, Dartmouth 1, New Mexico 1.

INDIVIDUAL NCAA CHAMPIONS (Leaders): Colorado 29, Denver 29, Utah 28, Vermont 23.

QUOTING RICHARD ROKOS

Here are some select quotes from Colorado head coach **Richard Rokos** heading into the NCAA Championships:

On Team Goals In Relation Skiing For Spencer

“We set that goal (of skiing for the late Spencer Nelson) right after Spencer passed away and we’ve kept him in our minds the whole season. As far as accomplishing it, we’ve done everything we’ve had to up until this point, and of course we have one piece, the biggest, left to do to meet that goal.”

NOTE: Spencer Nelson, a sophomore-to-be, was killed after falling near the Maroon Bells, a popular hiking spot near Aspen, last August 14. Shortly thereafter, the team dedicated the season to him.

On The State of the Buffaloes

“Alpine has been steady throughout the season. In Nordic, Bruce (Cranmer, Nordic Coach) was making the extra effort to make sure that everyone is peaking at the right time. At this point, I am confident that everybody on that side is on a roll. I believe everyone has confidence after the long season. This was one of our deepest alpine teams we’ve had maybe since 1995 and 1996. We are leaving home some strong skiers and actually that’s a pity.”

On Health & Injuries

“It is a shame that we have to leave Eric Davis home (due to a concussion; he was not in condition to ski in the regionals and was not cleared by team medial personal for nationals). Max (Lamb, his replacement) skied well in the regional, and they’re actually pretty close with the same strengths. It appears that illness has run its course with the Nordics. Jesper (Ostensen) is getting well, he was recovering and trained light here while the team was at regionals and that made a big difference for him. Vegard still wasn’t at his best in Utah, but should be for the NCAA’s.”

On Surprises This Season

“Our unpleasant surprise was Katie Hartman’s injury, we had such high goals for her this season (she tore an ACL in the World University Games in Turkey). The pleasant surprise was our overall performance at the World University Games, by all the skiers from the U.S., and Joanne’s appearance in the World Junior Championships. The three Nordic girls’ consistent finishes in the top five was not unexpected, but were a step up from last year and they were really consistent. Three times they all finished in the top five and it was a real strength for us.”

CONTINUED

QUOTING ROKOS, CONTINUED

On How Tough It Was Picking The Final Team

"It was obviously a good headache to have, because we qualified more people than we have in the recent past. It's always better to have to select than to scramble for the last girl or guy. The injuries made things a little easier to select on the alpine side, and the Nordic was pretty much the design of the team. It was actually tougher than in previous years, when we didn't qualify a full team. It's the one unfortunate thing if you have depth, with only three skiers from each discipline allowed to go to the NCAA's, someone's always going to be left out."

On The Competition

"We know where things stand in the West, where the competition gets better every year. We sort of follow (the East) over the Internet; you just have no true idea how we compare until the racers go on the same course, with the same clock. It's always a wait-and-see deal since we don't see the Dartmouths or Vermonts until the NCAA's. The central schools are almost always a great unknown; they can displace some good racers and have an effect on the final standings even though they can't win it, and that is an element that can make things unpredictable. Northern Michigan usually has a strong team and they can mess things up for everybody."

On CU's Goal At NCAA's

"The goals are the same, they never change, and that is to win it. The bottom line is like we say every year, our goal never changes, it's always the same, we are going after the trophy. It would be even more special this year because we are not only skiing for ourselves and the school, we are skiing for Spencer. We have never gone into this thinking second place would be a great finish. The goal is to win, everybody knows it, and everyone will pursue it. We have continued to get stronger in men's alpine, Nordic is solid and predictable. And as usual in alpine, it could come down to what team keeps falls and crashes to a minimum. Starting positions do not matter like they used to, since they flip the top 30 for the second run; in fact, it may not help if you have one of the fastest first run times as those will be skiing between the 25th and 30th positions in an attempt to even things out for the entire field."

THE LAST TIME

Here's a chart showing the last time the below was accomplished by Colorado or one of its skiers (the first NCAA championship was held in 1954; numbers in parenthesis are all-time totals where pertinent):

- | | |
|--|---|
| Last NCAA Championship (17): 2006 (Steamboat Springs, Colo.) | Last NCAA Runner-Up Finish: 2010 (Steamboat; third straight) |
| Last RMISA/NCAA Regional Championship (24): 2009 (Steamboat Springs, Colo.) | |
| Last NCAA Men's Giant Slalom Champion (8): 1995, Bryan Sax (Attitash, N.H.) | |
| Last NCAA Women's Giant Slalom Champion (5): 2008, Lucie Zikova (Bozeman, Mont.) | |
| Last NCAA Men's Slalom Champion (14): 2009, Gabriel Rivas (Bethel, Maine) | |
| Last NCAA Women's Slalom Champion (3): 2008, Lucie Zikova (Bozeman, Mont.) | |
| Last NCAA Men's Classical Champion (2): 2010, Matt Gelso (Steamboat Springs, Colo.) | |
| Last NCAA Women's Classical Champion (5): 2008, Maria Grevsgaard (Bozeman, Mont.) | |
| Last NCAA Men's Freestyle Champion (4): 2009, Vegard Kjoelhamar (Rumford, Maine) | |
| Last NCAA Women's Freestyle Champion (4): 2008, Maria Grevsgaard (Bozeman, Mont.) | |
| Last Time With Two Individual NCAA Champions (14): 2009 (Gabriel Rivas, SL; Vegard Kjoelhamar, FS) | |
| Last Time With Three Individual NCAA Champions (8): 2008 (Maria Grevsgaard, CL, FS; Lucie Zikova, GS, SL) | |
| Last Time With Four Individual NCAA Champions (3): 2008 (Maria Grevsgaard, CL, FS; Lucie Zikova, GS, SL) | |

THE OTHER REGIONS IN 2011

- **In the EAST**, Vermont ended Dartmouth's two-year stranglehold, winning five of the six carnivals, including the EISA Championship/NCAA East Regional; Dartmouth had won all six the previous two winters. The top four never changed, neither the top two or the third and fourth spots: UVM had five wins and a second, Dartmouth had five seconds and one win, New Hampshire finished third five times and fourth once, while Middlebury was third once and fourth the other five occasions. Dartmouth's one win came in Middlebury's Carnival, a 12-point verdict, but UVM won their five by a total of 802.5 points, or 160.5 per; the Catamounts won the East Regional by 143 points. Vermont had four individual regional champions, highlighted by a podium sweep in the men's slalom, while Dartmouth had three winners and Williams one. UVM and Dartmouth qualified full teams for the NCAA's (only Dartmouth did so in 2010), with New Hampshire sending 10 and Middlebury eight.
- **In the CENTRAL**, where the only competition is Nordic, Northern Michigan again claimed the top spot, as Wildcats won the event in Houghton, Mich., with 324 points, toppling Alaska-Fairbanks (311) and host Michigan Tech (265). NMU won the men's competition by 19 points over Alaska-Fairbanks while UAF defeated NMU by six points in the women's competition. NMU's Martin Baanerud won both men's races (10K freestyle; 10K classic) while UAF's Raphaela Sieber won the women's 5K freestyle and Wisconsin-Green Bay's Carolina Freeman won the women's 10K classic race.

HISTORICALLY

The NCAA first sponsored a men's national championship in skiing in 1954, though national title meets (National Intercollegiate Championships) were held as early as 1946, the same year CU's program began. Women's programs came into being in the late 1970's, with then CU head coach **Bill Marolt** at the forefront of making it a reality. CU has competed in all but three of the previous 57 NCAA's, but on one of those occasions (1964), several team members had competed in the Winter Olympics, and in 1967, sent only a few skiers to Maine for financial reasons. The AIAW sponsored women's titles between 1977 and 1982; in 1983, the NCAA absorbed the AIAW but combined male and female competition, as was the case in rifle and fencing. Here's a complete look at the NCAA Championship history of the Buffaloes (please turn to page 8):

2011 COLORADO SKIING / MEDIA NOTES 8-8-8

MEN (NCAA)

Year	Coach	Site	Finish	Teams	Points	PA/PB	Champion	Points	Runner-Up	Points
1954	Tom Jacobs	Reno, Nev.	3rd	12	348.6	- 35.4	Denver	384.0	Seattle	349.6
1955	Tom Jacobs	Northfield, Vt.	4th	13	540.9	- 26.2	Denver	567.1	Dartmouth	558.9
1956	Tom Jacobs	Winter Park	6th	13	520.6	- 61.4	Denver	582.0	Dartmouth	541.8
1957	Bob Beattie	Ogden, Utah	2nd	20	545.3	- 32.7	Denver	578.0	Colorado	545.3
1958	Bob Beattie	Hanover, N.H.	3rd	13	525.6	- 35.6	Dartmouth	561.2	Denver	550.6
1959	Bob Beattie	Winter Park	1st	9	549.4	+ 5.8	Colorado	549.4	Denver	543.6
1960	Bob Beattie	Bozeman, Mont.	1st	7	571.4	+ 2.8	Colorado	571.4	Denver	568.6
1961	Bob Beattie	Middlebury, Vt.	3rd	9	365.5	- 10.7	Denver	376.2	Middlebury	367.0
1962	Bob Beattie	Squaw Valley, Calif.	2nd	16	374.3	- 15.8	Denver	390.1	Colorado	374.3
1963	Bob Beattie	Solitude, Utah	2nd	12	381.6	- 3.0	Denver	384.6	Colorado	381.6
1964	Bob Beattie	Franconia Notch, N.H.	---	10	Denver	370.2	Dartmouth	368.8
1965	Bob Beattie	Crystal Mountain, Wash.	6th	17	347.6	- 32.9	Denver	380.5	Utah	378.4
1966	M.J. Elisha	Crested Butte	---	11	Denver	381.0	Western State	365.9
1967	Hoeschler/Romine	Sugarloaf, Maine	---	14	Denver	376.7	Wyoming	375.9
1968	Bill Marolt	Steamboat Springs	5th	15	365.3	- 18.6	Wyoming	383.9	Denver	376.2
1969	Bill Marolt	Steamboat Springs	5th	12	360.6	- 28.0	Denver	388.6	Dartmouth	372.0
1970	Bill Marolt	Franconia Notch, N.H.	3rd	14	377.3	- 9.3	Denver	386.6	Dartmouth	378.8
1971	Bill Marolt	Terry Peak, S.D.	2nd	12	373.1	- 21.6	Denver	394.7	Colorado	373.1
1972	Bill Marolt	Winter Park	1st	11	385.3	+ 5.2	Colorado	385.3	Denver	380.1
1973	Bill Marolt	Middlebury, Vt.	1st	14	381.9	+ 4.1	Colorado	381.9	Wyoming	377.8
1974	Bill Marolt	Jackson Hole, Wyo.	1st	15	176.0	+ 14.0	Colorado	176.0	Wyoming	162.0
1975	Bill Marolt	Durango	1st	13	183.0	+ 68.0	Colorado	183.0	Vermont	115.0
1976	Bill Marolt	Rumford, Maine	t-1st	8	112.0	0.0	Colorado	112.0	(Tie) Dartmouth	112.0
1977	Bill Marolt	Winter Park	1st	13	179.0	+ 24.5	Colorado	179.0	Wyoming	154.5
1978	Bill Marolt	Hanover, N.H.	1st	14	152.5	+ 31.0	Colorado	152.5	Wyoming	121.5
1979	Tim Hinderman	Steamboat Springs	1st	13	153.0	+ 23.0	Colorado	153.0	Utah	130.0
1980	Tim Hinderman	Lake Placid, N.Y./Stowe, Vt.	3rd	13	98.0	- 73.0	Vermont	171.0	Utah	151.0
1981	Tim Hinderman	Park City, Utah	3rd	20	113.0	- 70.0	Utah	183.0	Vermont	172.0
1982	Tim Hinderman	Lake Placid, N.Y.	1st	20	461.0	+ 24.5	Colorado	461.0	Vermont	436.5

WOMEN (AIAW)

Year	Coach	Site	Finish	Teams	Points	PA/PB	Champion	Points	Runner-Up	Points
1977	Larry Martin	Burlington, Vt.	10th	?	NA	Dartmouth	448.0	Utah	416.0
1978	Steve Devin	Red River, N.M.	7th	?	NA	Utah	289.0	Middlebury	260.0
1979	Steve Devin	Marquette	2nd	10	289.8	- 20.7	Middlebury	310.5	Colorado	289.8
1980	Steve Devin	Middlebury, Vt.	5th	10	211.2	- 75.5	Middlebury	286.7	Vermont	260.4
1981	Tim Hinderman	Bozeman, Mont.	8th	11	165.5	- 139.0	Vermont	304.5	Middlebury	303.5
1982	Tim Hinderman	Stowe, Vt.	1st	9	237.4	+ 7.4	Colorado	237.4	Wyoming	230.0

COED (NCAA)

Year	Coach	Site	Finish	Teams	Points	PA/PB	Champion	Points	Runner-Up	Points
1983	Tim Hinderman	Bozeman, Mont.	4th	18	539.0	- 157.0	Utah	696.0	Vermont	650.0
1984	Alan Ashley	Jackson, N.H.	4th	17	556.0	- 194.5	Utah	750.5	Vermont	684.0
1985	Alan Ashley	Bozeman, Mont.	5th	18	595.0	- 169.0	Wyoming	764.0	Utah	744.0
1986	Alan Ashley	Stowe, Vt.	4th	18	543.0	- 69.0	Utah	612.0	Vermont	602.0
1987	Alan Ashley	Anchorage, Alaska	3rd	17	593.0	- 117.0	Utah	710.0	Vermont	627.0
1988	Tim LaVallee	Middlebury, Vt.	3rd	15	515.5	- 135.5	Utah	651.0	Vermont	614.0
1989	Tim LaVallee	Jackson Hole, Wyo.	3rd	17	600.5	- 71.5	Vermont	672.0	Utah	668.0
1990	Tim LaVallee	Stowe, Vt.	3rd	15	532.0	- 139.0	Vermont	671.0	Utah	571.0
1991	Richard Rokos	Park City, Utah	1st	16	713.0	+ 31.0	Colorado	713.0	Vermont	682.0
1992	Richard Rokos	Waterville Valley, N.H.	5th	19	590.0	- 103.5	Vermont	693.5	New Mexico	642.5
1993	Richard Rokos	Steamboat Springs	4th	20	628.0	- 155.0	Utah	783.0	Vermont	700.5
1994	Richard Rokos	Sugarloaf, Maine	4th	19	622.0	- 66.0	Vermont	688.0	Utah	667.0
1995	Richard Rokos	Jackson, N.H.	1st	21	720.5	+ 9.5	Colorado	720.5	Utah	711.0
1996	Richard Rokos	Bozeman, Mont.	4th	23	602.5	- 116.5	Utah	719.0	Denver	635.5
1997	Richard Rokos	Stowe, Vt.	3rd	21	638.0	- 48.0	Utah	686.0	Vermont	646.5
1998	Richard Rokos	Bozeman, Mont.	1st	22	654.0	+ 2.5	Colorado	654.0	Utah	651.5
1999	Richard Rokos	Sunday River/Bethel, Maine	1st	21	650.0	+ 14.0	Colorado	650.0	Denver	636.0
2000	Richard Rokos	Park City, Utah	2nd	20	621.0	- 99.0	Denver	720.0	Colorado	621.0
2001	Richard Rokos	Middlebury, Vt.	3rd	22	595.5	- 53.5	Denver	649.0	Vermont	605.0
2002	Richard Rokos	Anchorage, Alaska	2nd	23	612.0	- 44.0	Denver	656.0	Colorado	612.0
2003	Richard Rokos	Lyme & Hanover, N.H.	3rd	22	546.5	- 135.5	Utah	682.0	Vermont	551.0
2004	Richard Rokos	Lake Tahoe Area, Calif.	4th	23	564.0	- 59.0	New Mexico	623.0	Utah	581.0
2005	Richard Rokos	Stowe, Vt.	6th	22	438.0	- 186.5	Denver	622.5	Vermont	575.0
2006	Richard Rokos	Steamboat Springs	1st	24	654.0	+ 98.0	Colorado	654.0	New Mexico	556.0
2007	Richard Rokos	Attitash, N.H.	3rd	22	592.0	- 106.0	Dartmouth	698.0	Denver	648.0
2008	Richard Rokos	Bozeman, Mont.	2nd	21	619.0	- 30.5	Denver	649.5	Colorado	619.0
2009	Richard Rokos	Rumford/Bethel, Maine	2nd	22	602.5	- 56.5	Denver	659.0	Colorado	602.5
2010	Richard Rokos	Steamboat Springs	2nd	22	714.0	- 71.5	Denver	785.5	Colorado	714.0

NCAA TEAM CHAMPIONSHIPS (including co-titles): Denver 21, **COLORADO 16**, Utah 10, Vermont 5, Dartmouth 3, Wyoming 2, New Mexico 1.

2011 COLORADO SKIING / MEDIA NOTES 9-9-9

COLORADO'S INDIVIDUAL NCAA CHAMPIONS

Colorado leads the nation in all-time individual NCAA champions, as through the years, Buffalo skiers have been crowned **81** times. That's ahead of Denver (76), Utah (64), Vermont (55), Dartmouth (34), Wyoming (19), New Mexico (12) and Middlebury (10).

BY EVENT (ALPINE)

Men's Giant Slalom (8)

1977 Stephan Hienzsch
 1982 Seth Bayer
 1987 John Skajem
 1989 Ian Witter
 1991 Toni Standteiner
 1992 Eric Archer
 1993 Sean Ramsden
 1995 Bryan Sax

Men's Alpine Combined (6)

1961 Buddy Werner
 1963 Buddy Werner
 1966 Bill Marolt
 1970 Mike Porcarelli
 1972 Mike Porcarelli
 1975 Mark Ford
(discontinued after 1976)

Men's Jumping (7)

1959 Dave Butts
 1970 Jay Rand
 1971 Vidar Nilsgard
 1973 Vidar Nilsgard
 1974 Didrik Ellefsen
 1975 Didrik Ellefsen
 1978 T. H. Jensen
(discontinued after 1980)

Women's Slalom (2*)

1982 Lee Sevinson (*AIAW)
 1999 Linda Wikstrom
 2006 Lucie Zikova

Men's Slalom (14)

1961 Buddy Werner
 1963 Jimme Heuga
 1966 Bill Marolt
 1970 Mike Porcarelli
 1972 Mike Porcarelli
 1977 Stephan Hienzsch
 1983 Niklas Scherrer
 1984 James Marceau
 1986 John Skajem
 1987 John Skajem
 1990 Chris Pedersen
 1995 Scott Wither
 2000 Andy LeRoy
 2009 Gabriel Rivas

Men's Downhill (6)

1960 Dave Butts
 1963 Bill Marolt
 Buddy Werner
 1965 Bill Marolt
 1969 Mike Lafferty
 1975 Mark Ford
(discontinued after 1975)

Men's Skimeister (2)

1959 Dave Butts
 1960 John Dendahl
(discontinued after 1973)

Women's Alpine Combined

1982 Lee Sevinson (AIAW)
(discontinued after 1982)

Women's Giant Slalom (5)

1986 Lynda McGehee
 1998 Caroline Gedde-Dahl
 1999 Aimee-Noel Hartley
 2000 Aimee-Noel Hartley
 2008 Lucie Zikova

BY EVENT (NORDIC)

Men's Classical (1)

1999 Ove Erik Tronvoll
 2010 Matt Gelso

(discontinued after 1988)

Men's Cross Country Relay (2)

1982 Thomas Holter,
 Bjorn Gjelsten &
 Egil Nilsen
 1988 Ric Schaaf,
 Aage Schaanning &
 Per Kare Jakobsen
(discontinued after 1988)

Men's Freestyle (4)

1989 Per Kare Jakobsen
 1991 Bjorn Svensson
 2006 Kit Richmond
 2009 Vegard Kjoelhamar

Men's Cross Country (7)

1960 John Dendahl
 1968 Clark Matis
 1969 Clark Matis
 1977 Helge Aamodt
 1978 Sigurd Kjerpeseth
 1982 Egil Nilsen
 1988 Per Kare Jakobsen

Men's Nordic Combined (2)

1960 John Dendahl
 1976 Jack Turner
(discontinued after 1976)

NCAA Relay Champions

1986 (Women) Ingrid Butts, Jill Anderson, Kristen Petty
 1988 (Men) Ric Schaaf, Aage Schaanning, Per Kare Jakobsen

Women's Classical (5)

1993 Anette Skjolden
 1998 Line Selnes
 2002 Mari Storeng
 2006 Jana Rehema
 2008 Maria Grevsgaard

Women's Cross Country Relay (1)

1986 Ingrid Butts,
 Jill Abderson &
 Kristen Petty
(discontinued after 1988)

Women's Freestyle (5)

1992 Anette Skjolden
 1998 Line Selnes
 2000 Katka Hanusova
 2006 Jana Rehema
 2008 Maria Grevsgaard

Women's Cross Country (2)

1985 Kristen Petty
 1987 Kristen Petty
(discontinued after 1988)

BY YEAR (80)

does not include 2 AIAW titles

1954—0	1960—4	1966—2	1972—2	1978—2	1984—1	1990—1	1996—0	2002—1	2008—4
1955—0	1961—2	1967—0	1973—1	1979—0	1985—1	1991—2	1997—0	2003—0	2009—2
1956—0	1962—0	1968—1	1974—1	1980—0	1986—3	1992—2	1998—3	2004—0	2010—1
1957—0	1963—4	1969—2	1975—3	1981—0	1987—3	1993—2	1999—3	2005—0	
1958—0	1964—0	1970—3	1976—1	1982—3	1988—2	1994—0	2000—3	2006—4	
1959—2	1965—1	1971—1	1977—3	1983—1	1989—2	1995—2	2001—0	2007—0	

2011 COLORADO SKIING / MEDIA NOTES 10-10-10

BREAKING DOWN THE BUFFALOES IN THE NCAA (1983-PRESENT)

COLORADO AT THE NCAA CHAMPIONSHIPS / BREAKDOWN BY DISCIPLINE, GENDER

Year	Overall	Men-----								Women-----						ALPINE		NORDIC	
		Men (Pts)	Women (P)	ALP	GS	SL	NOR	CL	R/FS	ALP	GS	SL	NOR	CL	R/FS	Pts	Rank	Pts	Rank
1983	4th	4th (274)	5th (265)	5th	3rd	9th	4th	3rd	4th	4th	6th	4th	4th	4th	4th	231	5th	308	4th
1984	4th	3rd (313)	6th (243)	5th	6th	5th	2nd	2nd	2nd	3rd	3rd	t-4th	8th	6th	8th	282½	4th	273½	4th
1985	5th	5th (284)	4th (311)	6th	4th	6th	6th	6th	6th	t-3rd	4th	4th	5th	6th	5th	307	5th	288	5th
1986	4th	4th (269)	3rd (274)	5th	t-4th	3rd	4th	4th	3rd	6th	4th	7th	2nd	3rd	1st	252	5th	291	3rd
1987	3rd	3rd (326)	4th (267)	1st	1st	1st	6th	6th	5th	5th	8th	2nd	t-5th	5th	6th	338	2nd	255	5th
1988	3rd	2nd (304½)	4th (211)	3rd	1st	3rd	3rd	3rd	1st	7th	6th	8th	4th	5th	4th	231½	4th	284	4th
1989	3rd	1st (344)	5th (256½)	1st	2nd	1st	3rd	4th	2nd	3rd	4th	t-4th	6th	6th	6th	319	2nd	281½	4th
1990	3rd	2nd (299)	5th (233)	2nd	1st	5th	2nd	2nd	2nd	6th	5th	6th	4th	t-4th	t-4th	270	3rd	262	3rd
1991	1st	1st (361)	3rd (352)	2nd	2nd	3rd	2nd	4th	1st	1st	t-1st	1st	3rd	5th	1st	378	1st	335	2nd
1992	5th	5th (270)	2nd (320)	4th	t-1st	4th	9th	10th	7th	2nd	4th	2nd	t-4th	7th	2nd	358	2nd	232	9th
1993	4th	6th (249)	2nd (379)	9th	3rd	t-13th	5th	5th	4th	2nd	3rd	1st	t-1st	2nd	2nd	272	5th	356	t-2nd
1994	4th	3rd (315)	3rd (307)	2nd	2nd	2nd	6th	6th	6th	1st	3rd	2nd	7th	t-8th	4th	360	1st	262	6th
1995	1st	2nd (356)	1st (364½)	1st	2nd	t-3rd	2nd	2nd	2nd	1st	1st	1st	3rd	4th	3rd	364½	1st	356	2nd
1996	4th	3rd (316)	4th (286½)	2nd	2nd	t-8th	4th	6th	2nd	t-3rd	3rd	5th	5th	t-6th	4th	306	2nd	296½	5th
1997	3rd	3rd (299)	t-1st (367)	4th	5th	4th	5th	4th	5th	2nd	1st	3rd	1st	1st	4th	347	3rd	319	2nd
1998	1st	5th (290)	1st (392)	3rd	8th	2nd	5th	3rd	7th	1st	1st	4th	1st	1st	1st	326	1st	356	2nd
1999	1st	1st (368)	3rd (305)	2nd	3rd	3rd	2nd	1st	3rd	2nd	1st	3rd	8th	7th	6th	357	1st	316	2nd
2000	2nd	2nd (338)	3rd (291)	1st	1st	t-1st	5th	7th	3rd	5th	3rd	11th	3rd	5th	1st	318	4th	311	4th
2001	3rd	4th (328½)	3rd (275)	3rd	1st	4th	5th	5th	5th	2nd	5th	1st	7th	9th	7th	348½	2nd	255	4th
2002	2nd	4th (263)	1st (384)	6th	5th	6th	5th	4th	7th	2nd	3rd	2nd	1st	1st	1st	316	3rd	331	2nd
2003	3rd	4th (280)	4th (289½)	5th	6th	4th	3rd	4th	6th	5th	5th	6th	3rd	3rd	4th	270½	5th	299	3rd
2004	4th	7th (262)	3rd (302)	11th	9th	9th	1st	1st	1st	7th	3rd	8th	2nd	1st	5th	189	8th	375	1st
2005	6th	7th (226)	6th (212)	12th	13th	13th	2nd	2nd	2nd	6th	5th	8th	7th	10th	5th	150	11th	288	5th
2006	1st	4th (262)	1st (401)	10th	11th	12th	1st	2nd	1st	1st	2nd	1st	1st	1st	1st	249	5th	414	1st
2007	3rd	4th (289)	2nd (303)	4th	8th	4th	4th	4th	4th	1st	1st	3rd	3rd	3rd	5th	307	3rd	285	5th
2008	2nd	3rd (261)	1st (358)	12th	12th	11th	1st	1st	1st	3rd	5th	t-1st	1st	1st	2nd	232	7th	387	1st
2009	2nd	1st (352½)	7th (250)	3rd	6th	1st	2nd	1st	4th	9th	7th	11th	3rd	4th	3rd	255½	6th	347	3rd
2010	2nd	4th (298)	2nd (416)	10th	7th	10th	1st	2nd	4th	3rd	4th	2nd	2nd	2nd	1st	296	5th	418	1st

SCORING BASES: 50 points (2009-present); 39 points (1985, 1992-2008); 36 points (1983-84-87-89-91); 33 points (1988-90); 32 points (1986).

NORDIC—Relay from 1983-88 (points awarded varied year-to-year); two individual races 1989-present.

CU SKI TEAM BUILDING RENAMED IN MEMORY OF BRIAN SAX

BOULDER (March 6) — The University of Colorado ski team building on CU's east campus has been renamed the Bryan Benjamin Sax Ski Team Building in memory of the former alpine skier who was killed December 6, 2008, a mid-air collision between two small planes in the Florida Everglades at the age of 37.

The building has been home to Colorado Skiing since 1990 and is currently undergoing renovation. The first phase is complete and includes a new locker room, a trophy wall and a team lounge. The next phase will focus on the other side of the building and will add additional office for coaches and staff, an area to review video and an update to the waxing and equipment room. A significant gift from the Sax family got the project moving forward.

"Bryan was always fun to be around," CU head coach **Richard Rokos** said. "He was a dream student-athlete for any team sport. Bryan's family hosted our whole team anytime we competed in Aspen and his family has always been a big supporter of our team. I am thrilled they made the decision to financially support our program. I can't express enough how much this renovation was needed and will help our program for its extended future."

The trophy wall eloquently displays CU's rich ski tradition that includes 17 national championships, 25 RMISA championships, including this season, and countless individual awards including 396 All-America citations from 172 athletes and 81 individual NCAA Championships from 61 athletes.

Sax himself counts in both all of those numbers, winning the individual NCAA Championship in the giant slalom at the 1995 NCAA Championships, helping the Buffs to a team victory and earning first-team All-America honors. He was a team captain, a four year letterwinner and recipient of the team's Buddy Werner Award. He is the most recent national champion in the men's giant slalom at CU.

Sax's collegiate career was a storybook one, starting on CU's development team, a squad put together in hopes of one day making the varsity team, and ending five years later as an individual and national champion. He posted seven top 10 finishes and graduated with degrees in business administration, finance and small business management. He had the special opportunity of sharing his CU skiing experience with his sister Rachael, who was also on the team.

Bryan's wife Christy, daughter Zaya and stepson Dante still live in Aspen where Bryan was born on February 4, 1971. His daughter Hannah attends the Whiteman Academy in Steamboat Springs where she is pursuing her own ski-racing career.

CHART-MANIA: A LOOK AT THE GREATEST BUFFS SINCE 1983

Here's a look at the most successful Buffaloes since 1983, the year the men's and women's programs were combined and the sport of skiing went coed:

ALL-TIME INDIVIDUAL SEASON WINS BY CU SKIERS (Since 1983)

<ul style="list-style-type: none"> 11 Line Selnes, 1998 (Nordic; 6 FS, 5 CL) 11 Maria Grevsgaard, 2008 (Nordic; 6 CL, 5 FS) 7 John Skajem, 1986 (Alpine; 4 SL, 3 GS) 7 Toni Standteiner, 1991 (Alpine; 5 GS, 2 SL) 7 Lucie Zikova, 2006 (Alpine; 5 SL, 2 GS) 7 Maria Grevsgaard, 2007 (Nordic; 5 CL, 2 FS) 6 Per Kare Jakobsen, 1989 (Nordic; 5 FS, 1 CL) 6 Ove Erik Tronvoll, 1999 (Nordic; 4 CL, 2 FS) 6 Jana Rehema, 2006 (Nordic; 3 FS, 3 CL) 	<ul style="list-style-type: none"> 5 John Skajem, 1987 (Alpine; 4 SL, 1 GS) 5 Per Kare Jakobsen, 1990 (Nordic; 3 FS, 2 CL) 5 Anette Skjolden, 1991 (Nordic; 3 FS, 2 CL) 5 Bjorn Svensson, 1992 (Nordic; 3 FS, 2 CL) 5 Anette Skjolden, 1993 (Nordic; 5 CL, 0 FS) 5 Katka Hanusova, 2000 (Nordic; 4 FS, 1 CL) 5 Lucie Zikova, 2008 (Alpine; 4 SL, 1 GS) 5 Maria Grevsgaard, 2009 (Nordic; 3 CL, 2 FS)
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TOP THREE (PODIUM) FINISHES IN FIRST CAREER NCAA EVENT BY CU SKIERS (Since 1983)

<ul style="list-style-type: none"> 1st Kristen Petty, 1985 (Soph., Nordic) 1st Per Kare Jakobsen, 1988 (Soph., Nordic) 1st Ian Witter, 1989 (Fr., Alpine, giant slalom) 1st Toni Standteiner, 1991 (Fr. Alpine, giant slalom) 1st Sean Ramsden, 1993 (Soph. Alpine, giant slalom) 1st Line Selnes, 1998 (Sr., Nordic, classical) 1st Katka Hanusova, 2000 (Fr., Nordic, freestyle) 2nd Chris Pedersen, 1990 (Fr. Alpine, giant slalom) 	<ul style="list-style-type: none"> 2nd Andreja Rojs, 1991 (Fr., Alpine, giant slalom) 2nd Caroline Gedde-Dahl, 1996 (Soph., Alpine, giant slalom) 2nd Mari Storeng, 2001 (Jr., Nordic, classical) 2nd Maria Grevsgaard, 2006 (Fr., Nordic, classical) 3rd Jessica Ochs, 1995 (Fr., Alpine, giant slalom) 3rd Linda Wikstrom, 1999 (Jr., Alpine, giant slalom) 3rd Jesper Ostensen, 2008 (Fr., Nordic, freestyle) 3rd Eliska Hajkova, 2010 (Soph., Nordic, freestyle)
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TWO PODIUM FINISHES IN FIRST CAREER NCAA CHAMPIONSHIPS BY CU SKIERS (Since 1983)

<ul style="list-style-type: none"> 1st (XC), 1st (R) Per Kare Jakobsen, 1988 (Soph., Nordic) 1st (GS), 2nd (SL) Ian Witter, 1989 (Fr. Alpine) 1st (GS), 3rd (SL) Toni Standteiner, 1991 (Fr., Alpine) 1st (CL), 1st (FS) Line Selnes, 1998 (Sr., Nordic) 	<ul style="list-style-type: none"> 2nd (GS), 1st (SL) Chris Pedersen, 1990 (Fr. Alpine) 2nd (CL), 3rd (FS) Mari Storeng, 2001 (Jr., Nordic) 3rd (GS), 1st (SL) Linda Wikstrom, 1999 (Jr., Alpine)
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ALL-TIME INDIVIDUAL CAREER WINS BY CU SKIERS (Since 1983)

<ul style="list-style-type: none"> 24 Maria Grevsgaard, 2006-09 (15 CL, 9 FS) 16 Lucie Zikova, 2005-08 (12 SL, 4 GS) 13 Per Kare Jakobsen, 1988-90 (9 FS/XC, 4 CL) 12 John Skajem, 1986-87 (7 SL, 5 GS) 	<ul style="list-style-type: none"> 11 Anette Skjolden, 1991-93 (7 CL, 4 FS) 11 Line Selnes, 1998 (6 FS, 5 CL) 10 Bjorn Svensson, 1990-93 (6 FS, 4 CL) 10 Ove Erik Tronvoll, 1998-99 (7 CL, 3 FS)
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ALL-TIME PODIUM (TOP THREE) FINISHES BY CU SKIERS (Since 1983)

<ul style="list-style-type: none"> 34 Maria Grevsgaard, Nordic, 2006-09 (24 wins; 7 seconds; 3 thirds) 34 Lucie Zikova, Alpine, 2005-08 (16-11-7) 25 Per Kare Jakobsen, Nordic, 1988-90 (13-6-6) 22 Unni Odegard, Nordic, 1998-2000 (1-8-13) 22 Andreja Rojs, Alpine, 1991-94 (5-9-8) 22 Anette Skjolden, Nordic, 1991-93 (11-7-5) 22 Bjorn Svensson, Nordic, 1990-93 (10-10-2) 20 Matt Gelso, Nordic, 2007-10 (6-4-10) 19 John Skajem, Alpine, 1986-87 (12-5-2) 18 Gabriel Rivas, Alpine, 2009-11 (5-5-8) 	<ul style="list-style-type: none"> 17 Ove Erik Tronvoll, Nordic, 1998-99 (10-4-3) 16 Eliska Hajkova, Nordic, 2010-11 (3-9-4) 15 Jana Rehema, Nordic, 2003-06 (6-8-1) 14 Erling Christiansen, Nordic, 2003-06 (2-4-8) 14 Kit Richmond, Nordic, 2006-08 (6-6-2) 14 Linda Wikstrom, Alpine, 1999-2000 (4-2-8) <hr style="border: 0.5px dashed black;"/> <ul style="list-style-type: none"> 12 Vegard Kjoelhamar, Nordic, 2009-11 (5-6-1) 11 Jesper Ostensen, Nordic, 2008-11 (2-2-7)
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ALL-TIME SWEEPS (CL/FS; GS/SL) AT SAME COMPETITION (Since 1983)

<ul style="list-style-type: none"> 8 Maria Grevsgaard, 2006-09 (Nordic) 5 Line Selnes, 1998 (Nordic) 4 John Skajem, 1985-87 (Alpine) 	<ul style="list-style-type: none"> 3 Per Kare Jakobsen, 1988-90 (Nordic) 3 Jana Rehema, 2004-06 (Nordic) 3 Lucie Zikova, 2005-08 (Alpine)
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NCAA CHAMPIONSHIP SWEEPS: In 2008, Colorado became the first school since 1983 to have two skiers sweep their respective disciplines: **Lucie Zikova** claimed the individual titles in the giant slalom and slalom, while **Maria Grevsgaard** did the same in winning both the classical and freestyle races. The pair overall joined **John Skajem** (1987, Alpine), **Line Selnes** (1998, Nordic) and current CU Nordic assistant coach, **Jana Rehema** (2006, Nordic).

BUFFALO CHIP: **Lucie Zikova** ('08) had 38 top five finishes in 48 career races, including 16 wins and nine runner-up efforts. She closed her career with a school-record 15 straight top five alpine finishes from the 2007 NCAA Championships through the 2009 nationals.

2011 NCAA WESTERN REGION RECAP

This winter in the NCAA West was no different than those in most previous seasons, with balance perhaps being the best word to describe what transpired in the five Rocky Mountain Intercollegiate Ski Association (RMISA) meets.

Colorado won four of those five events, with New Mexico claiming the crown in the other (its own meet); yet Utah was the RMISA regular season team points champion with 3,510, ahead of Colorado (3,445), New Mexico (3,297.5), Denver (2,955), Alaska-Anchorage (2,703.5) and Montana State (2,610). When including the regional, the champion Buffaloes then only snuck ahead of the Utes, and by just 10.5 points at that.

In addition to winning their 11th RMISA Championship/NCAA West Regional under longtime coach Richard Rokos, the Buffaloes also were the overall men's champion, the overall Nordic winner and the men's Nordic titlist. Utah had the dominant women's program, sweeping all three top spots (overall, alpine and Nordic), while New Mexico captured the remaining two (overall and men's alpine). And despite Denver being shutout of any of the eight titles, you just know the three-time defending champion Pioneers have no intention of surrendering their stranglehold on the championship trophy.

The balanced battle will continue in the NCAA Championships, with Colorado, Denver, New Mexico and Utah all qualifying full 12-skier squads, while Alaska will send 11 and Montana State nine.

Speaking of balance, 24 different skiers won at least one individual race (out of 43), the most in recent memory who made it to the top of the podium. Utah senior Maria Graefnings won the most races (seven Nordic), followed by teammate, sophomore Miles Havlick (four Nordic) and Denver sophomore Sterling Grant (four slalom). Not a single alpine skier, male or female, won both a giant slalom and a slalom all winter; in fact, on the men's side, nine different skiers won, with only three winning twice: New Mexico senior Petter Brenna (two slaloms), Utah sophomore Ryan Wilson (two giant slalom) and Denver senior Seppi Stiegler (also two GS).

Six women shared the 11 titles (the GS at regionals was cancelled due to conditions), as after Grant, UNM junior Anne Brusletto (two slaloms) and Utah senior Tii-Maria Romar (two GS) were the other multiple winners. Colorado had the only other multiple Nordic champions, senior Vegard Kjoelhamar and junior Eliska Hajkova (both with two wins). Utah skiers won the most individual races with 19, followed by Colorado (9), Denver (8), New Mexico (6) and Alaska (1).

In the regional, held in both Park City and Solider Hollow, host Utah held a slim 2.5-point lead over Colorado at the midway point, but for the second straight year, Colorado rallied on day two to grab the title, finishing with 865.5 points to the Utes' 790. That was easily the largest margin of victory in the five western meets; CU's other three were by a combined 44 points and UNM won its invitational by 50. The Lobos were third in the regional with 777.5 points, followed by DU (749), Alaska (747) and Montana State (615).

Uncharacteristically, only one of the seven races was tightly contested, as in the men's giant slalom, Utah's Jeremy Elliot won in a two-run time of 2:03.26, just six one-hundredths of a second ahead of Alaska's Halfdan Falkum-Hansen. Brenna won the men's slalom over Stiegler by 1.4 seconds. In the women's slalom, Grant bested Westminster College's Sandy Tschofen by 1.37 seconds, but defeated UAA's Alex Parker by nearly 2.5 seconds; Westminster is an RMISA member but not an NCAA sanctioned program.

CU's Hajkova was the only skier to be crowned champion twice, as she won the men's classical and freestyle races, both wins by 20-plus seconds. Utah's Havlick was the regional champ in the men's 10km freestyle, while UAA's Lukas Ebner posted almost a minute in winning the 20km classic.

RMISA CHAMPIONSHIPS/NCAA WEST REGIONAL TEAM SCORES—1. Colorado 865.5; 2. Utah 790; 3. New Mexico 777.5; 4. Denver 749; 5. Alaska-Anchorage 747; 6. Montana State 615; 7. Westminster 383.

Men's Giant Slalom—1. Jeremy Elliot, Utah, 2:03.26; 2. Halfdan Falkum-Hansen, UAA, 2:03.32; 3 (tie). Gabriel Rivas, CU, and Armin Triendl, UNM, 2:03.57; 5. Nick Cohee, Utah, 2:03.63; 6 (tie). Chris Barber, MSU, and Seppi Stiegler, DU, 2:04.32; 8. Christopher Acosta, UNM, 2:04.46; 9. Ryan Wilson, Utah, 2:04.63; 10. Petter Brenna, UNM, 2:04.70.

Women's Giant Slalom—cancelled.

Men's Slalom—1. Petter Brenna, UNM, 1:50.67; 2. Seppi Stiegler, DU, 1:52.08; 3. Gabriel Rivas, CU, 1:52.26; 4. Christopher Acosta, UNM, 1:52.59; 5. Max Lamb, CU, 1:53.38; 6. Jonathan Midol, WC, 1:53.64; 7. Armin Triendl, 1:53.77; 8. Andreas Haug, CU, 1:53.81; 9. Chris Salbu, UNM, 1:53.82; 10. Christopher Kollenborg, UAA, 1:53.85.

Women's Slalom—1. Sterling Grant, DU, 1:27.82; 2. Sandy Tschofen, WC, 1:29.19; 4. Alexandra Parker, UAA, 1:30.29; 4. Carolina Nordh, CU, 1:29.79; 5. Kendal Brown, WC, 1:30.29; 6. Stefanie Demetz, UNM, 1:30.44; 7. Georgia Wettlaufer, DU, 1:30.56; 8. Erika Ghent, CU, 1:30.88; 9. Sofia Smith, Utah, 1:30.96; 10. Kayla Fry, UAA, 1:31.16.

Men's 10K Freestyle—1. Miles Havlick, Utah, 30:29.3; 2. Tor-Hakon Hellebostad, UNM, 30:54.6; 3. Reid Pletcher, CU, 31:19.2; 4. Tom Smith, Utah, 31:23.6; 5. Rolf Figi, UU, 31:34.3; 6. Christian Otto, UNM, 31:51.9; 7. Lukas Ebner, UAA, 32:04.2; 8. Ian Havlick, Utah, 32:06.0; 9. Tyler Reinking, MSU, 32:12.5; 10. Vegard Kjoelhamar, CU, 32:12.8.

Women's 5K Freestyle—1. Eliska Hajkova, CU, 16:45.9; 2. Joanne Reid, CU, 17:11.6; 3. Maria Graefnings, Utah, 17:21.4; 4. Alexa Turzian, CU, 17:42.1; 5. Zoe Roy, Utah, 17:53.6; 6. Mari Elden, DU, 17:58.7; 7. Kate Dolan, DU, 18:08.4; 8. Christina Levald Helleberg, UNM, 18:12.4; 9. Sofie Jonsson, UNM, 18:13.6; 10. Ase Carlson, MSU, 18:35.5.

Men's 20K Classical—1. Lukas Ebner, UAA, 1:05:11.4; 2. Lasse Nielsen, UAA, 1:06:06.1; 3. Tor-Hakon Hellebostad, UNM, 1:06:25.1; 4. Ian Mallams, CU, 1:06:52.0; 5. Miles Havlick, Utah, 1:07:24.9; 6. Martin Kapso, UAA, 1:07:45.6; 7. Andreas Hoye, CU, 1:08:11.2; 8. Erik Bjornsen, UAA, 1:08:51.8; 9. Kristian Soerlund, DU, 1:09:08.4; 10. Ryan Scott, MSU, 1:09:24.7.

Women's 15K Classical—1. Eliska Hajkova, CU, 56:11.2; 2. Maria Graefnings, Utah, 56:31.8; 3. Zoe Roy, Utah, 57:02.5; 4. Christian Loevald, UNM, 57:09.5; 5. Kate Dolan, DU, 57:23.6; 6. Maerta Larsen, Utah, 57:55.7; 7. Sofie Jonsson, UNM, 58:09.4; 8. Terese Andersson, UNM, 58:35.0; 9. Elena Breed, DU, 58:37.7; 10. Joanne Reid, CU, 58:40.4.



Erika Ghent
Alpine
Sophomore
Edwards, Colo.

Ghent is just a sophomore but already making her second appearance at the NCAA Championships after earning second-team All-America honors in the slalom last year. This season she has seven top 10 finishes, two podium appearances and one race victory, the first RMISA GS Qualifier race in Montana State. She has four straight top 10 finishes, including all three races since she returned from the World University Games in Turkey, where she won a silver medal in the Super Combined and the Gold Medal for best overall performance by a women's alpine skier, posting top 10 performances in all four races there. She is a third generation CU student and her father, Brad, skied for the Buffs from 1973-76 when the Buffs won four NCAA championships and he was an All-American in 1974.

2011 In Review	GS	SL
at Utah Invite	4	26
RMISA Qualifiers	1	3
at MSU Invite	14	5
at UNM Invite	DNS	DNS
at DU Invite	8	7
RMISA Champ.	—	8

*-UNM Invite was two slalom races while the RMISA Qualifiers were both GS races.



Eliska Hajkova
Nordic
Junior
Jablonec, Czech Rep.

A junior in her second season at CU, Hajkova is making her second appearance at NCAA Championships for the Buffaloes. She earned two All-America citations last season for CU, including a third place podium appearance in the freestyle race. She is coming off a double race victory at the RMISA Championships, her first two wins of the season and third of her career. In 10 races this season, she missed the podium once (fourth place) and has two wins, five runner-up performances and two third place finishes. In 22 career races, her lowest finish is ninth and she has 16 podium appearances with three wins, nine second place finishes and four third place finishes. She likely could have competed in Vancouver in the Olympics had she not left the Czech Republic to attend college.

2011 In Review	CL	FS
at MSU Invite	2	2
at Utah Invite	2	2
at UNM Invite	4	3
at DU Invite	3	2
RMISA Champ.	1	1



Andreas Haug
Alpine
Freshman
Blommenholm, Norway

CU's lone freshman on the 2011 NCAA Championships roster, Haug enjoyed an impressive season for the Buffaloes and improved as his season wore on and he became accustomed to the softer snow in the West. Despite that, he still earned the Men's Alpine RMISA MVP honors by being the most consistent skier in the west this season. He finished in the top 11 in 11 of 12 races, having to hike for the first time at the RMISA Championships. He had three podium appearances, the final three races of the regular season, and he had his best performance at the DU Invitational, bringing home two third place finishes. His results improved steadily as the season wore on as he had eight consecutive top 10 appearances to end the regular season, the last four were top 5 and final three were podium appearances.

2011 In Review	GS	SL
at Utah Invite	9	11
RMISA Qualifiers	4	6
at MSU Invite	6	10
at UNM Invite	5	1
at DU Invite	3	3
RMISA Champ.	27	8

*-UNM Invite was two slalom races while the RMISA Qualifiers were both GS races.



Sara Hjertman
Alpine
Junior
Sundsvall, Sweden

Hjertman is in her second year on the CU ski team and is a junior eligibility-wise and is making her first appearance at the NCAA Championships for the Buffaloes, although she did qualify last season. She has finished in the top 10 in all seven of her races this season with three podium appearances. She opened the season with a pair of runner-up finishes in both the slalom and GS races in Utah and then added a podium appearance in the GS race at Montana State. After returning from Turkey where she participated in World University Games, she took fourth in the slalom race at the Denver Invitational and then missed the RMISA Championships with an injury but has been cleared for full training shortly after the conclusion of the regional championships.

2011 In Review	GS	SL
at Utah Invite	2	2
RMISA Qualifiers	DNF	5
at MSU Invite	3	9
at UNM Invite	DNS	DNS
at DU Invite	9	4
RMISA Champ.	—	DNS

*-UNM Invite was two slalom races while the RMISA Qualifiers were both GS races.



Vegard Kjoelhamar
Nordic
Junior
Jar, Norway

A three-time All-American and the 2009 NCAA Freestyle Champion, Kjoelhamar is listed as a senior in his third year skiing for the Buffaloes and is participating in his third NCAA Championships. He has earned first-team All-America honors in both classical and freestyle races. In 31 career races, he has 25 top 10, 18 top 5 and 12 podium appearances with five race wins. When healthy, he is arguably the best Nordic skier in the west this season as he opened the season with two victories and two runner-up performances, one of each in each discipline. Despite being sick, he has racked up two more top 10 freestyle finishes the last two races and placed 20th twice in the classical races. He should be at full strength for NAAs. Despite being sick, he earned the No. 2 overall seed for west skiers going to NAAs.

2011 In Review	CL	FS
at MSU Invite	2	1
at Utah Invite	1	2
at UNM Invite	20	9
at DU Invite	DNS	DNS
RMISA Champ.	20	10



Max Lamb
Alpine
Sophomore
Crested Butte, Colo.

Lamb is a sophomore in his first season with the CU ski team after spending his freshman season at Utah. He participated for the Utes in the NCAA Championships last season in Steamboat Springs, earning a 13th place finish in the GS and 16th in the slalom races. This season for Colorado, he finished 11 of 12 races with four top 10 performances, three in GS races and one in slalom. He took fifth in the slalom at the RMISA Championships, a career best slalom finish. He was selected by CU coach Richard Rokos to be an alternate for the NCAA Championships this season but is traveling with the team due to an injury to Eric Davis and it is not as of yet clear if Davis will be cleared and if Lamb will ski or not. Lamb has one podium appearance to his credit, in the Montana State Invitational his freshman season with Utah.

2011 In Review	GS	SL
at Utah Invite	DNF	21
RMISA Qualifiers	6	18
at MSU Invite	5	14
at UNM Invite	7	23
at DU Invite	21	13
RMISA Champ.	24	5

*UNM Invite was two slalom races while the RMISA Qualifiers were both GS races.

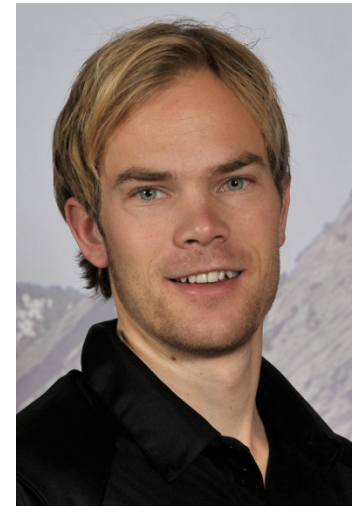


Carolina Nordh
Alpine
Senior
Sundbyberg, Sweden

Nordh is a senior in her third season on the CU ski team and is making her third appearance at NCAA Championships. She earned first-team All-America honors last year after finishing fifth in the slalom race in Steamboat Springs. In her career, she has raced in 36 races and earned 26 top 10 performances including five podiums and one race victory. This year her season was interrupted with a trip to Turkey for World University Games, where she participated for Sweden. She has raced nine times with six top 10 finishes including a fourth place showing in the slalom race at RMISA Championships. Her best weekend was at Montana State with six place showings in both slalom and giant slalom races.

2011 In Review	GS	SL
at Utah Invite	10	4
RMISA Qualifiers	8	16
at MSU Invite	6	6
at UNM Invite	DNS	DNS
at DU Invite	19	12
RMISA Champ.	—	4

*UNM Invite was two slalom races while the RMISA Qualifiers were both GS races.



Jesper Ostensen
Nordic
Junior
Hosle, Norway

Ostensen is in his fourth and final season as part of the CU ski team and is the only member of this year's squad participating in his fourth NCAA Championships. He is a three-time All-American, two-time first-team selection and has twice seen the podium at NCAA Championships in different disciplines. He took third place in 2008 in the freestyle race and in 2009, he was third in the classical race. He did not race at the RMISA Championships due to illness, missing the first two races of his career. He finished this season second place in the MVP listings for all western Nordic men's skiers, posting seven top 10 finishes in eight races with two podium appearances, earning a second place in the classical race at New Mexico and a third place in the freestyle race at Montana State. In his career, he has 43 races to his credit with 33 top 10 and 11 podium appearances.

2011 In Review	CL	FS
at MSU Invite	5	3
at Utah Invite	4	9
at UNM Invite	2	14
at DU Invite	9	9
RMISA Champ.	DNS	DNS



Reid Pletcher
Nordic
Junior
Sun Valley, Idaho

Pletcher is a junior in his third season as a part of the CU ski team and is participating in his first NCAA Championships although he easily qualified each of his first two seasons. As a freshman, he was the fourth qualifier on the CU men's Nordic team and was also the fourth qualifier out of the western region. A two-time All-RMISA performer, he has 21 races to his credit with 15 top 10 and four podium appearances to his credit. He has had his best season this season, after he missed the New Mexico Invitational and didn't finish the RMISA Classical race (one of the strangest races in memory), in the other seven races he finished in the top 10 each race with two podium appearances and his first collegiate win, the classical race at the Denver Invitational. One of the top Nordic skiers from the United States, he is also one of the top cyclists in the country, as well.

2011 In Review	CL	FS
at MSU Invite	7	10
at Utah Invite	7	4
at UNM Invite	DNS	DNS
at DU Invite	1	6
RMISA Champ.	DNF	3



Joanne Reid
Nordic
Sophomore
Palo Alto, Calif.

A sophomore making her second appearance at NCAA Championships, Reid already has two All-America citations to her name, earning first-team honors in the classical race and second-team in the freestyle race last year at Steamboat Springs. She now has 15 races as a Buff and has finished in the top 10 14 times with 11 top five finishes, four podium appearances and one race victory. She missed three races while skiing at the Junior World Cross Country Championships in Estonia. In seven races this season, she has finished in the top 10 each race with four podium appearances, one victory in the classical race at the Denver Invitational, and another runner-up finish in the freestyle race at the RMISAs. She is the daughter of the former Beth Heiden, the 1979 world all-around speed skating champion and the 1980 world road cycling champion.

2011 In Review	CL	FS
at MSU Invite	7	3
at Utah Invite	DNS	DNS
at UNM Invite	DNS	4
at DU Invite	1	3
RMISA Champ.	10	2



Gabriel Rivas
Alpine
Senior
St. Jean De Maurienne,
France

One of the top alpine skiers in the NCAA, Rivas is in his third and final season on the CU ski team and will be making his third appearance at the NCAA Championships. The 2009 NCAA Slalom Champion, he has finished 35 races at CU with 25 top 10 and 18 podium appearances including five race victories. He earned All-America honors in 2009 and was on his way to defending his slalom championship last season when he was forced to hike and was disqualified for not hiking far enough after a rule change. This season, he has hiked just once in 10 races and he missed two participating for France at the World University Games in Turkey. He has nine top 10 and six podium appearances this season winning the slalom race to open the season at the Utah Invitational. He took third place in both GS and slalom at the RMISA Championships.

2011 In Review	GS	SL
at Utah Invite	7	1
RMISA Qualifiers	3	3
at MSU Invite	2	26
at UNM Invite	DNS	DNS
at DU Invite	10	4
RMISA Champ.	3	3

*UNM Invite was two slalom races while the RMISA Qualifiers were both GS races.



Alexa Turzian
Nordic
Senior
Hailey, Idaho

Turzian is a senior in her third season on the CU ski team and she is participating in her third NCAA Championships for the Buffaloes and fourth overall after spending the 2008 season with Middlebury. She is a five-time All-American, winning three of those five at CU, and she has finished runner-up in the freestyle race each of the last two years at NCAA Championships. She has 43 races in her career with 31 top 10, 14 podium appearances and three race victories. In 22 freestyle races, she has 21 top 10 and 11 podium appearances with one victory. This season she has six top 10 performances in 10 races with three of her other four finishes coming between 11th and 16th. She has five top five finishes in freestyle races with one runner-up performance and also finished third in the classical race at the Utah Invitational.

2011 In Review	CL	FS
at MSU Invite	16	5
at Utah Invite	3	4
at UNM Invite	15	2
at DU Invite	30	4
RMISA Champ.	11	4

2011 COLORADO SKIING / TEAM & INDIVIDUAL RESULTS

(as of March 6)

Team Results

Season Results	overall	Alpine-----			Nordic-----			meet points-----			PA/PB
		overall	men	women	overall	men	women	Alpine	Nordic	Total	
J 15-16 at Montana State Invitational*	1st/ 7	1st/ 7	2nd/ 7	1st/ 7	2nd/ 6	1st/ 6	2nd/ 6	438	483	921	+ 9
J 10-22 at Utah Invitational	1st/ 7	1st/ 7	3rd/ 7	1st/ 7	1st/ 6	1st/ 6	2nd/ 6	444	479	923	+ 25
F 4- 5 at New Mexico Invitational	4th/ 7	5th/ 7	2nd/ 7	6th/ 7	3rd/ 7	5th/ 6	1st/ 6	311	411	722	- 159
F 11-13 at Denver Invitational	1st/ 8	4th/ 7	1st/ 7	4th/ 7	1st/ 7	2nd/ 7	1st/ 7	421	458	879	+ 10
F 25-26 at RMISA Championships (Utah)	1st/ 7	1st/ 7	2nd/ 7	3rd/ 7	1st/ 6	3rd/ 6	1st/ 6	410.5	455	865.5	+ 75½
M 9-12 at NCAA Championships (Stowe, Vt.)											

*—though started after the Utah meet, the MSU Invitational ended first.

RMISA Alpine Qualifiers (Q1/Q2 below)—Extra alpine qualifiers, no team scores (Q1 at Big Sky, Mont., Jan. 14; Q2 at Winter Park, Colo., Feb. 10).

ROCKY MOUNTAIN INTERCOLLEGIATE SKIING ASSOCIATION (RMISA) SEASON POINT STANDINGS (5 meets): Colorado 4,310.5; Utah 4,300; New Mexico 4,075; Denver 3,704; Alaska 3,450½; Montana State 3,225; Westminster 1,410, Wyoming 243.

RMISA INDIVIDUAL WINNERS BY SCHOOL (43; includes qualifiers & championships): Utah 19, Colorado 9, Denver 8, New Mexico 6, Alaska-Anchorage 1.

Individual Alpine Skier Charts

MEN Skier	RMISA NCAA											
	Utah—	Q1	MSU—	UNM—	Q2	DU—	Champ	Champ	GS	SL	GS	SL
E. DAVIS	D1	7	9	17	20	D1	9	9	8	7	—	—
A. HAUG	9	11	4	6	10	5	1	6	3	3	27	8
M. LAMB	D2	24	6	5	15	7	27	18	22	13	24	5
F. McDONALD	D1	13	27	30	5	9	10	27	28	12	22	21
G. RIVAS	7	1	3	2	33	—	—	3	10	4	3	3
T. SPENST	10	9	12	36	34	—	—	17	23	24	17	20
P. ZAGONE	—	—	—	—	—	23	23	—	—	—	—	—
TNF	26	29	37	36	37	27	27	29	31	32	30	28

GS RUNS WON (2): Davis 1, Rivas 1.

SL RUNS WON (5): Haug 3, Rivas 2.

WOMEN Skier	RMISA NCAA											
	Utah—	Q1	MSU—	UNM—	Q2	DU—	Champ	Champ	GS	SL	GS	SL
J. ALLEN	D2	13	13	14	21	D2	8	13	23	14	11	—
A. BABCOCK	22	20	28	27	29	14	14	21	D2	20	23	—
K. BURROWS	19	D1	27	30	D2	D2	D1	D1	25	21	—	—
K. COOPER	15	23	3	D2	14	—	—	6	32	19	17	—
E. GHENT	4	30	1	15	7	—	—	3	8	7	8	—
K. HARTMAN	D2	—	9	4	16	—	—	—	—	—	—	—
S. HJERTMAN	2	2	D2	3	11	—	—	5	9	4	—	—
K. NORDH	11	4	8	6	8	—	—	18	21	12	4	—
TNF	28	33	35	38	30	17	22	27	32	31	29	—

GS RUNS WON (3): Cooper 1, Hartman 1, Hjertman 1.

SL RUNS WON (1): Ghent 1.

Individual Nordic Skier Charts

MEN Skier	RMISA NCAA											
	MSU—	Utah—	UNM—	DU—	Champ	Champ	FS	CL	FS	CL	FS	CL
A. HOYE	31	17	—	—	22	25	15	26	DF	7	—	—
V. KJOELHAMAR	1	2	2	1	20	9	—	—	10	20	—	—
S. LACY	32	27	26	20	—	—	25	22	22	19	—	—
I. MALLAMS	23	22	12	10	19	8	18	19	11	4	—	—
P. NEEL	12	—	6	16	18	13	23	7	12	14	—	—
J. OSTENSEN	3	5	9	4	2	14	9	9	—	—	—	—
R. PLETCHER	10	7	4	7	—	—	1	6	3	DF	—	—
TNF	33	29	28	28	26	26	34	35	26	26	—	—

WOMEN Skier	RMISA NCAA											
	MSU—	Utah—	UNM—	DU—	Champ	Champ	FS	CL	FS	CL	FS	CL
E. HAJKOVA	2	2	2	2	4	3	3	2	1	1	—	—
B. PERKINS	—	—	—	—	—	—	—	—	—	—	—	—
J. REID	3	7	—	—	—	4	1	3	2	10	—	—
M. ROSE	25	24	24	16	28	28	25	14	17	24	—	—
K. STEGE	32	29	—	—	20	24	29	20	27	25	—	—
A. TURZIAN	5	16	4	3	15	2	30	4	4	11	—	—
TNF	33	31	33	30	29	31	40	37	34	31	—	—

CL—classical; DF—did not finish; D#—did not finish, number indicates first or second run; DS—did not start, 2nd run; DQ—disqualified; F/CIP—indicates freestyle or classical pursuit; FS—freestyle; GS—giant slalom; SL—slalom; TNF—total number of NCAA finishers only; non-NCAA and independent skiers are deleted in such instances.

Season Honors

CU ATHLETE-OF-THE-WEEK WINNERS (6): Vegard Kjoelhamar (Jan. 17-23), Katie Hartman (Jan. 24-30), Erika Ghent (Jan. 30-Feb. 6), Andrea Haug (Jan. 30-Feb. 6), Reid Pletcher (Feb. 7-13); Eliska Hajkova (Feb. 21-27).

RMISA SKIER-OF-THE-WEEK WINNERS (8): Erika Ghent (A-AQ2), Andreas Haug (A-DU), Sara Hjertman (A-Utah), Eliska Hajkova (N-Utah), Vegard Kjoelhamar (N-Utah), Reid Pletcher (N-DU), Joanne Reid (N-DU), Gabriel Rivas (A-AQ2). **RMISA MVP SKIERS (1):** Andreas Haug (Men's Alpine).

DIVISION I NATIONAL ALL-ACADEMIC SKI TEAM MEMBERS (11; minimum 3.50 GPA & regional participation unless injured): Ashley Babcock, Kirsten Cooper, Eric Davis, Eliska Hajkova, Katie Hartman, Andreas Haug, Andreas Hoye, Spencer Lacy, Ian Mallams, Carolina Nordh, Katie Stege.

ALL-RMISA (12): First-Team (6)—Erika Ghent, Eliska Hajkova, Vegard Kjoelhamar, Reid Pletcher, Joanne Reid, Gabriel Rivas. **Second-Team (5)—**Andreas Haug, Sara Hjertman, Carolina Nordh, Jesper Ostensen, Alex Turzian.